



The Strait Area Highland Dance Association 48th Annual Competition

Saturday, April 6th, 2024

SAERC Auditorium, 304 Pitt Street, Port Hawkesbury, NS, B9A 2T9

SOBHD # C-NS-CO-24-1001

Judge: Dawn Brennan Sutter, Chatsworth, Ontario

Registration Limited to 125 Dancers

Online Registration Opens February 15th, 2024 at 7:00pm

Registration closes on or before March 15th, 2024

[CLICK HERE TO REGISTER FOR COMPETITION](#)

[CLICK HERE TO REGISTER FOR WORKSHOP](#)

Morning Registration begins at 7:50am.

First call to dance will be at 8:20am. Competition begins at 8:30am. Primary awards at completion of primary competition.

PRIMARY:

- 16 Pas de Basques
- Pas de Basques & High Cuts
- Fling (4)
- Sword (2&1)

Beginner & Novice Competition will start immediately following the Primary Awards.

BEGINNER:

- Fling (4)
- Sword (2&1)
- Seann Triubhas (3&1)
- Flora (4)

NOVICE:

- Fling (4)
- Sword (2 & 1)
- Seann Triubhas (3&1)
- Flora (4)

Afternoon Registration begins at 11:30am.

Intermediate & Premier Competition begins at 1:00pm.

Cash Awards to the Oldest Premier Group

INTERMEDIATE:

- Fling (4)
- Sword (2&1)
- Seann Triubhas (3&1)
- Laddie (4)

PREMIER:

Under 12 years-

- Fling (4)
- Sword (2&1)
- Seann Triubhas (3&1)
- Full Hullachan (8)

12 and over-

- Fling (6)
- Sword (3&1)
- Seann Triubhas (4&2)
- Full Hullachan (8)

Competition Fees: Primary (2 dances)- \$20 + \$5= \$25

All other categories(primary 3 or 4 dances, beginner, novice, intermediate, premier) \$35 +\$5= \$40

SDCCS Surcharge (\$1.00) & SDNS Fees (\$4.00) = \$5.00 (mandatory for all competitors)

Competition fees payable by e-transfers only to: straitareadance@gmail.com. No password required.

IMPORTANT: Registration will not be complete until e-transfer received. Please include a message within the e-transfer of your dancer's name. The time stamp on the registration form will determine the order of dancers. Confirmation email will be sent within 1 week of registration. If you do not receive an email or have any problems during registration please send an email ASAP. If no payment is received after 48 hours, the entry will be considered void and the dancer/parent/guardian will need to start the registration process again.

Registration open until March 15th, 2024 unless capacity is reached earlier. **THERE WILL BE NO WAITLIST.**

Category changes must be emailed to straitareadance@gmail.com no later than March 25th, 2024.

COMPETITION RULES:

1. Dancers and parents must respect the ScotDance Canada Risk Management guidelines, local health authority directives, and RSOBHD Code of Ethics.
2. This event may be cancelled at any time up to, and including on or during the date of competition, dependent upon public health concerns.
3. No refunds for competition entries will be granted.
4. Numbers to be picked up at the registration desk upon verification of SOBHD card. All dancers must have a valid 2024 RSOBHD card at the time of registration. There will be a \$10 penalty without your card.
5. Late entries will not be accepted.
6. First to enter; last to dance.
7. Age is as of 12.01am on competition date.
8. The Strait Area Highland Dance Association will follow the rules and regulations set forth by RSOBHD.
9. Dancers will be judged per the technique of RSOBHD. Judge's decision is final. No access to judge's sheets.
10. Scrutineering shall be conducted as recommended by RSOBHD.
11. Age categories will be based on the number of registrations in each classification.
12. Dancers must report promptly when called or risk disqualification.
13. Protests must be made in writing, signed and submitted to the Organizer by the end of the competition day and must be accompanied by a \$25.00 fee, refundable, if sustained.
14. Strait Area Highland Dance Association and SAERC is not responsible for accidents, injuries or lost articles.
15. Dancers must be in full dress, including slippers, to receive awards.
16. No coaching by teachers or parents while dancers are on stage. Teachers and parents are not to be in the lineup area unless working there.
17. Designated changing areas will be provided. There is to be no changing in public areas nor will dancers be permitted to be in public areas wearing bra tops.

Strait Area Highland Dance Association Workshop

C-NS-CO-24-1002



Sunday, April 7th, 2024

Port Hawkesbury Civic Centre Dance Studio

606 Reeves Street

Port Hawkesbury, NS

B9A 2R7

Instructors: Dawn Brennan-Sutter, Ontario

Shelley Grant-Rovers, Antigonish

Registration fees:

Pre premier dancers- \$10.00 for SAHDA members, \$20.00 for non-SAHDA members

Premier dancers- \$15.00 for SAHDA members, \$30.00 for non-SAHDA members

Registration:

Registration will be open to all on February 15th 2024.

Tentative Schedule:

Time	Dance Studio Dawn Brennan-Sutter	Bear Head Shelley Grant-Rovers
9:00-10:00	Primary/Beginner	Novice/Intermediate
10:00-11:00	Novice/Intermediate	Primary/Beginner
11:00-11:30	Break	Break
11:30-1:00	Premier (under 12)	Premier (12 and over)
1:00-2:30	Premier (12 and over)	Premier (under 12)

Primary dancers should know the fling and sword.

Groupings and times could change depending on workshop entries.

Payments:

E-transfers for competition and workshop can be combined. Please make references to dancer's name and if registered for workshop in the notes of the e-transfer.

straitareadance@gmail.com- No password required

Workshop Instructors

Dawn Brennan Sutter- Dawn Brennan Sutter has been dancing since she was 3 years old. She is an Ontario, Canadian, Commonwealth, Scottish and World Junior Champion. She is trained in RAD & BATD ballet with her mother Eleanor Brennan as her teacher, and together they teach classes in Chatsworth, Ontario at her home studio. Stepdancing and jazz are other dance forms Dawn has trained in, and with her vast dance background, she has created award winning choreographies for her students for competitions, festivals, shows, the BATD North American Scholarships and the Canadian Championships.

She has been fortunate to have performed with many Celtic and Scottish groups including the Cape Breton Fiddle Orchestra, the Mudmen, the Penetangore Pipe Band, and Battlefield Band. She was an original member of Celtic Accent, where 7 World Champions performed with the 78th Fraser Highlanders in “Flame of Wrath”.

Dawn has judged at various competitions, championships and festivals across Canada and the United States, and has conducted many workshops as well. She is a Life Member of the British Association of Teachers of Dance, a member of ScotDance Ontario & ScotDance Canada, and an Adjudicator with the Scottish Official Board of Highland Dance. She also serves as a member of the Ethics Committee for ScotDance Canada, and as Professional Advisor for the Western Ontario Highland Dancers Association.

Shelley Grant Rovers- Shelley Rovers, the owner, and lone instructor of the Grant School of Dance, has been teaching Highland Dancing in Antigonish for over 30 years. Over the years, hundreds of dancers have been welcomed into the Grant Dancer family. Shelley has shared her enthusiasm for dance by offering both recreational and highly competitive classes, in addition to performance opportunities for all levels of dancers. Shelley loves the self-control, degree of difficulty and life skills that Highland Dancing offers to all that take part.

Over the course of her career, Shelley has produced numerous Nova Scotia, Atlantic, and New Scotland Champions. In addition, several have been runners up in the Canadian and North American Championships. The Grant Dancers have performed extensively, and competed both locally and abroad, traveling to Disneyworld in Orlando, as well as most recently, Edinburgh, Scotland.

Shelley is a member of the SDTA, holding her Associate, Member and Fellows Certification in both Highlands and Nationals. Shelley’s students have gained great success through the SDTA North American Scholarship event with numerous attaining top 5 placements. Shelley is a past President of ScotDance Nova Scotia and was the Nova Scotia representative for ScotDance Canada. Shelley was also one of the head instructors and choreographers for the Scotia Highland Dancers for almost ten years.

Outside of dance, Shelley is a Math Teacher in the SRCE. She currently teaches grade 8 math and science at Saint Andrews Junior School in Antigonish.

Accommodations in the area:

Maritime Inn, Port Hawkesbury- 1-902-625-0320

A block of rooms has been set aside at the Maritime Inn for the competition under the name Strait Area Highland Dance Association. Deadline for booking the discounted rooms is March 6, 2024.

Hearthstone Inn, Port Hastings- 1-902-625-2480

**We look forward to seeing you at the
Strait Area Highland Dance Association Annual
Competition!**



Assumption of Risk and Waiver of Liability Relating to Participation in a ScotDance Canada Sanctioned Event (competition/workshop), including Covid-19/other contagions of concern as identified by the World Health Organization/local/provincial/federal government authorities.

This waiver and declaration must be completed by the Organizer of the sanctioned event and provided either by email, via online participant registration or at the event. Participants are required to acknowledge (participant definition meaning dancer of legal age/parent/guardian/volunteer/professional, judge, piper).

The Strait Area Highland Dance Association (SAHDA) and its members commit themselves to comply with the requirements and recommendations of National, Provincial and local Public health and other governmental authorities, and to put in place and adopt all necessary measures to that effect. However, ***the SAHDA*** cannot guarantee that you (or your child, if participant is a minor/ or the person you are the legal guardian of) will not become infected with COVID-19/other contagions. Further, attending the Event could increase your (or your child, if participant is a minor/ or the person you are the legal guardian of) risk of contracting COVID-19/other contagions, despite all preventative measures put in place.

By signing this document,

*I declare that I (or my child, if participant is a minor/ or the person I am the legal guardian of) am participating voluntarily in **the SAHDA Competition.***

I am aware that participating in the SAHDA competition involves the potential for risks, dangers and hazards, including but not limited to:

- (a) Covid 19/other contagions; and,*
- (b) injury to myself / my child as a result of the physical nature of dance competition/workshop and performance; and*
- (c) the taking and/or release of unauthorized photographs, video and/or other recordings of myself and/or my child, notwithstanding efforts to enforce Event policies.*

*I declare that neither I (or my child, if participant is a minor/ or the person I am the legal guardian of) nor anyone in my household, have experienced in the last 48 hours prior to the date of **SAHDA competition** Covid-19/other contagions symptoms (as identified by public health authorities).*

I declare that neither I (or my child, if participant is a minor/or the person I am the legal guardian of) have tested positive for COVID-19/other contagions, and have not yet been cleared to discontinue isolation in accordance with applicable criteria communicated by public health officials (awaiting results); have been in close contact with a person who, to my knowledge, had symptoms of COVID-19/other contagions or has tested positive for COVID-19/other contagions, and have not yet been cleared to discontinue isolation in accordance with applicable criteria communicated by public health officials; or am currently subject to a quarantine or self-isolation order for any reason, including travel.

I (or my child, if participant is a minor/or the person I am the legal guardian of) declare that I have not been required to self-isolate under timelines set out by public health authorities (except for essential school or work activities).

*If I (or my child, if participant is a minor/ or the person I am the legal guardian of) experience, or if anyone in my household experiences any Covid 19/other contagions symptoms after submitting this declaration, I (or my child, if guardian of) will not attend any of **SAHDA** programs or services until no longer required to self-isolate or for 48 hours after symptoms resolve or as directed by public health authorities.*

*I (or my child, if participant is a minor/ or the person I am the legal guardian of) agree to the requirements and recommendations of National, Provincial and local Public health and other governmental authorities and to those special safety regulations put in place by **the SAHDA** as it pertains the Covid-19/other contagions and to adopt all necessary measures to those effects.*

*I (or my child, if participant is a minor/ or the person I am the legal guardian of) agree that, by filling out and signing this waiver and agreeing to the terms and conditions set out in it, I am giving up my legal rights to sue **the SAHDA** and its officers and directors, in the event that I (or my child, if participant is a minor/ or the person I am the legal guardian of), contracts Covid-19/other contagions.*

*This document will remain in effect until **SAHDA** as per the direction of the National, Provincial and local Public health and other governmental authorities, determines that the aforesaid acknowledgments pertaining to Covid 19/other contagions in this declaration are no longer required.*

*In consideration of my / my child's participation in the Event and for other good and valuable consideration, the receipt and sufficiency of which is acknowledged, **I hereby WAIVE ANY AND ALL CLAIMS** against ScotDance Canada, its directors, agents, employees, executive members, volunteers and organizers of the Event (the "Releasees"), which I now have, or hereafter may have against the Releasees. In particular, but without limiting the foregoing, **I agree to release the Releasees from ANY AND ALL LIABILITY** for any loss, damage, injury, or expense I / my child may incur as a result of my / my child's participation in or attendance at the Event. **I agree to indemnify and hold harmless the Releasees from ANY LOSS, DAMAGE, INJURY OR EXPENSE, including legal costs**, that the Releasees may incur due to my / my child's participation in or attendance at the Event, whether caused by the negligence of the Releasees or otherwise, and whether caused to my child or otherwise. I understand that the Releasees will photograph and otherwise record the Event, its participants and attendees. **I consent to and authorize such recording. I further consent to and authorize** the Releasees to publish my/my*

